

## Characteristics of Effective Learning



| Playing and Exploring (engagement) | Active Learning<br>(motivation)  | Thinking Creatively and Critically (thinking) |
|------------------------------------|--|---|
|                                    | Being involved and concentrating: Showing a deep drive to know more about people and their world.  Maintaining focus on their activity for a period of time Showing high levels of involvement, energy and fascination Not easily distracted Paying attention to details Keeping on trying: Persisting with an activity or towards their goal when challenges occur Showing a belief more effort or a different approach will pay off, and that their skills can grow and develop (growth mindset) Bouncing back after difficulties Enjoying achieving what they set out to do: Showing satisfaction in meeting their own goals (I can!) |   |
|                                    | Being proud of how they accomplished something  — not just the end result  Enjoying meeting challenges for their own sake rather than external rewards or praise (intrinsic motivation)  |   |